

# Intimate Care and Nappy Changing Policy



Magdalen Gates Preschool is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times. We recognise that there is a need to treat all children with respect, dignity and diplomacy when intimate care is given. No child should be attended to in a way that causes distress or pain. Children will be given the best intimate care available at preschool and their privacy will be respected. We work with parents to support the child's needs. We wish to include all children in our setting and understand that children arrive at different ages and stages of development – some children may still be in nappies or trainer pants. We work with parents towards toilet training unless there is a medical or development reason why this would be inappropriate.

We ensure that:

- All children with intimate care needs are treated with respect at all times
- Staff who provide intimate care are trained to do so (including safeguarding children and health and hygiene training), CRB checks have been carried out and staff are fully aware of best practice.

## Guidelines

1. Children's right to privacy is respected. Careful consideration will be given to each situation and usually one member of staff will care for one child.
2. Staff will encourage children to do as much for themselves as possible, for example, giving them the responsibility to wash their own hands.
3. Whenever possible the same child will be cared for by the same adult on a regular basis.
4. Staff will report any concerns about physical changes such as bruises to the child protection officer who will respond appropriately and according to our safeguarding procedures.
5. If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into by the Preschool Manager, parents contacted and outcomes recorded.
6. Staff will wear apron and gloves when giving this type of care.

Soiled clothing will be bagged and returned to the parent the same day. Staff and children will wash their hands after changing soiled clothing, and apron and gloves will be disposed of in a bag.

7. Children with special educational needs or disabilities have the same rights as others when receiving intimate care. Parents will be consulted.

### Nappy Changing Procedures

Parents will:

- ❖ Make sure wherever possible that children arrive at preschool wearing a clean nappy or trainer pants.
- ❖ Provide nappies, cream, wipes and bags for soiled nappies so that their individual needs can be met as necessary.
- ❖ Discuss any issues arising with the child's key worker

Preschool will ensure that:

- Only a member of staff with relevant DBS checks will change nappies
- Children's nappies will be changed in a private designated area which complies with health and hygiene regulations
- Although this area is private, it is not secret and the member of staff can easily be seen and heard by other staff members.
- The area will be cleaned before and after nappy changing with a suitable disinfectant
- A child will never be left alone on the changing mat
- Staff will wear clean disposable gloves and apron for each child
- Children and staff will wash hands after changing nappies using soap, drying after washing with paper towels.
- Dirty nappies are bagged and disposed of in an outside bin immediately.
- Children's privacy is respected at all times during changing
- Parents can talk to child's key worker or any other member of staff if they have any queries or concerns about this procedure.

## Policy updated July 2015